# Sports Medicine and Performance Center





### Partnership with Penrose-St. Francis Centura Health (PSFCH)

- PSFCH will be primarily responsible for the clinics;
  - UCCS faculty will provide leadership to the Performance Clinic.
- UCCS will be primarily responsible for research and instruction;
  - PSFCH physicians and other health professionals will participate in both research and instruction.
- Joint planning process
  - Steering Committee
  - Program Development Committee
  - Program Development Workgroups





#### **Draft Mission**

We will provide high-quality, innovative sports medicine and performance programs to serve teams and individuals in the achievement of their goals.



#### **Draft Vision**

The Sports Medicine and Performance Center is an international destination where champions from all walks of life come to achieve optimal performance and sustainable standards of higher health. We will combine the academic and clinical expertise of UCCS and Penrose-St. Francis Health Services (Centura Health) to create a world-class facility designed to serve individuals of all ages and abilities.





# Programs

Anchor Programs	Component Programs
Sports Medicine	Primary (non-surgical) & orthopedic (surgical) care; athletic training (in-house + outreach); physical therapy; osteoarthritis treatment; pain management; concussion management; joint & spine care; fellowship training; imaging
Performance Assessment and Training	Tactical, occupational & sport performance; altitude performance; sport-specific training protocols; injury prevention; aging "athletes;" youth sports; nutrition; biomechanics; psychology;
Related Research	Outcomes; injury prevention; sport-specific research in the areas of physiology, biomechanics, engineering, nutrition, psychology, sociology, etc;
Academic Education	Academic instruction related to sports, human performance and healthy lifestyles; exercise science; ATC; DPT; health sciences; sport management; engineering; sociology; psychology;
Patient/Client Education	Nutrition counseling; lifestyle coaching; health education; weight management; cardiac disease prevention & rehabilitation; psychological counseling;





### **Steering Committee**

- UCCS
  - Charlie Sweet
    - Vice Chancellor Strategic Initiatives
  - Jackie Berning
    - Chair, Health Sciences
  - Steve Johnson
    - Clinical Professor, Health Sciences
- PSFCH
  - Dan Karpel
    - Director of Business Development
  - William Lueck
    - Sr Vice President of Strategy and Systems of Care
  - Jason Tarno
    - Director of Medical Education





# Program Development Committee UCCS

- Jackie Berning
- Andy Subudhi
- Nancy Smith
- Jeff Spicher
- Margie Hunt
- Steve Johnson
- Susan Szpyrka
- Charlie Sweet
- Other distinguished UCCS faculty





### Program Development Committee Penrose-St. Francis Centura Health

- Business Development
  - Dan Karpel
  - William Lueck
  - Robert Nartker
- Medical/Clinical
  - Jason Tarno
  - Brent Lewandowski
  - John Pak
  - Ron Royce
  - Geoffrey Donor
  - Steven Myers
  - Nick Piantanida



### Planning Organization

















### Site Visits Completed

- The Orthopedic Specialty Hospital
  - Salt Lake City, UT
- Toledo Sports Care
  - Toledo, OH
- The Andrews Clinic
  - Gulf Breeze, FL
- The Mayo Clinic
  - Rochester & Minneapolis, MN

## Project Schedule

Date	Milestone
March, 2017	<ul><li>Establish partnership structure</li><li>Develop program plan</li></ul>
June, 2018	Complete facility design
July, 2018	Commence substantial work
December, 2019	Project completed and placed into service





## An Important Resource for UCCS and an Active Community!











